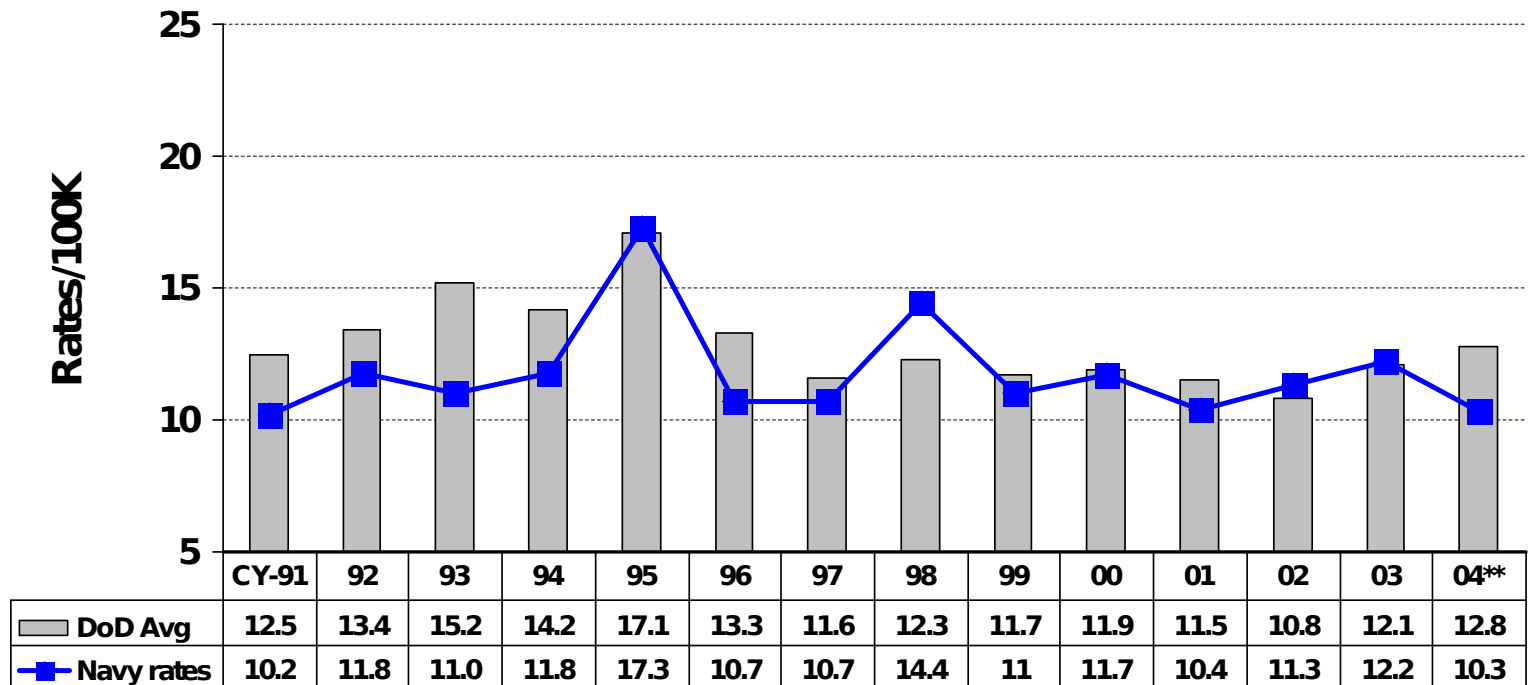


# **AN OVERVIEW OF THE NAVY'S SUICIDE PREVENTION PROGRAM**



# Navy Suicide Rates/100K (CY-91 to CY-04)



\*\* FY-04 are projections for the year.



# DEMOGRAPHICS

Demographics	Navy	U.S.
<b>Gender</b>		
Male *	12.0	17.3
Female	2.8	4.0
<b>Age in years</b>		
15-19	10.6	8.0
20-24	11.3	12.3
25-34	9.2	12.3
35-44	12.4	14.5
45-54	11.5	14.5
<b>Race</b>		
White	11.5	11.6
Black	9.8	5.3
All other	8.2	6.4

\* All rates are shown in per 100,000 persons  
*Mission First... Sailors Always*



# **NAVY SUICIDE CHARACTERISTICS**

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- **CONUS 89%**
- **Occurred while on liberty 67%**
- **Location was residence 67%**
- **Method was firearm 54%**
- **Alcohol factor 33%**



# COMMON RISK FACTORS

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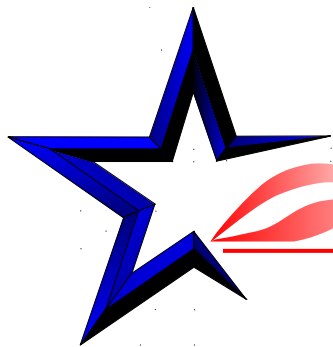
- **Recent Feelings of Depression 40%**
- **History of Psychiatric Condition 32%**
- **Recent Feelings of Anxiety 27%**
- **Recent Feelings of Guilt 26%**
- **Alcohol Abuse in the last year 25%**



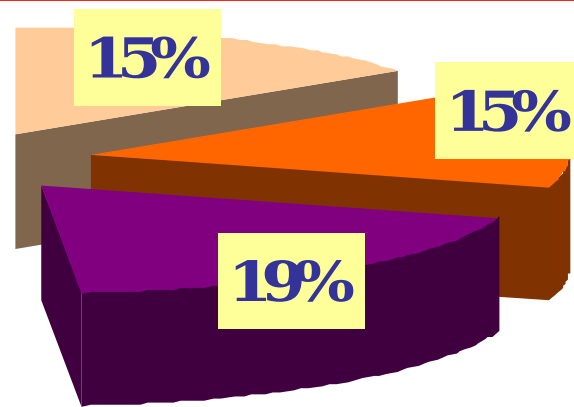
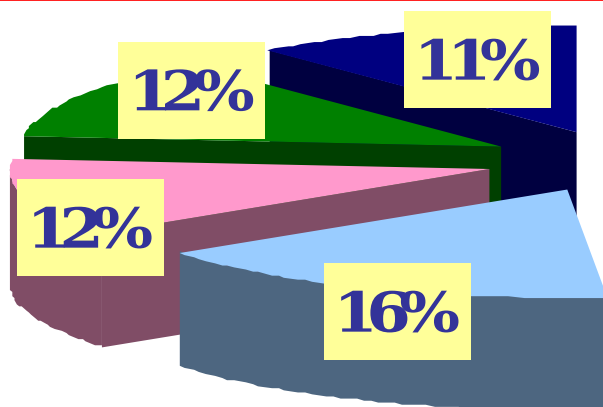
# COMMON STRESSORS

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- **Primary Relationship Problem 53%**
- **Physical Health Problem 35%**
- **Job Dissatisfaction 32%**
- **Poor Performance 31%**
- **Military Legal/ADMIN Problem 27%**



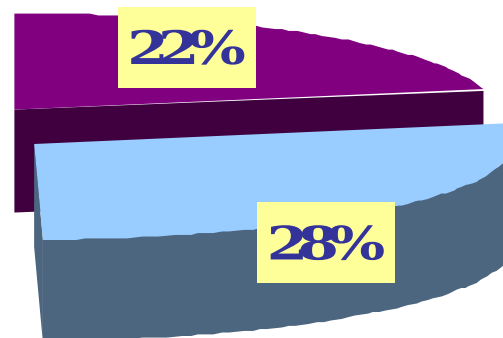
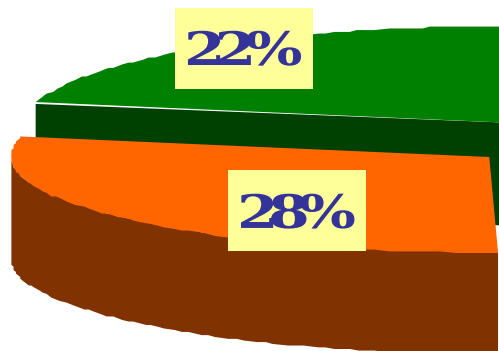
# SUICIDE EVENTS: DAY & SEASON



**Day  
of  
Week**

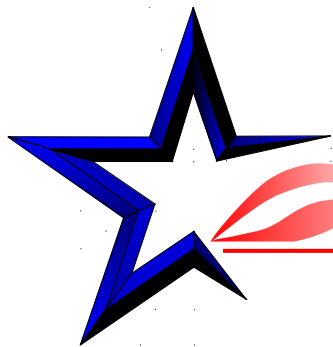
Sat. Sun.  
Wed. Thu.

Mon. Tue.  
Fri.

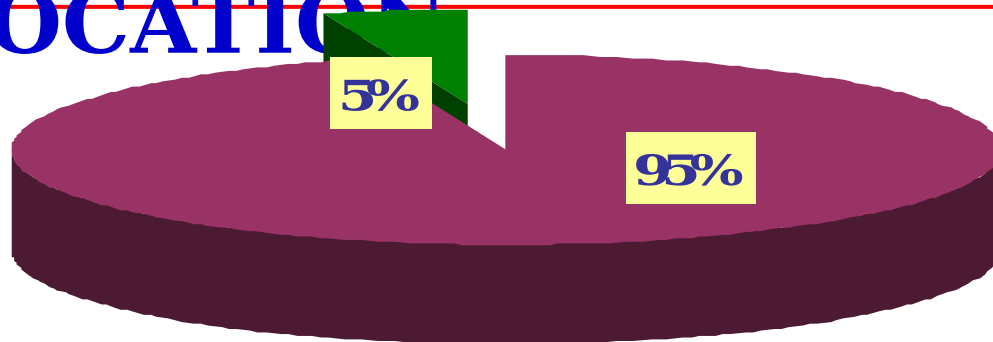


**Seas  
on**

Spring Summer Autumn Winter



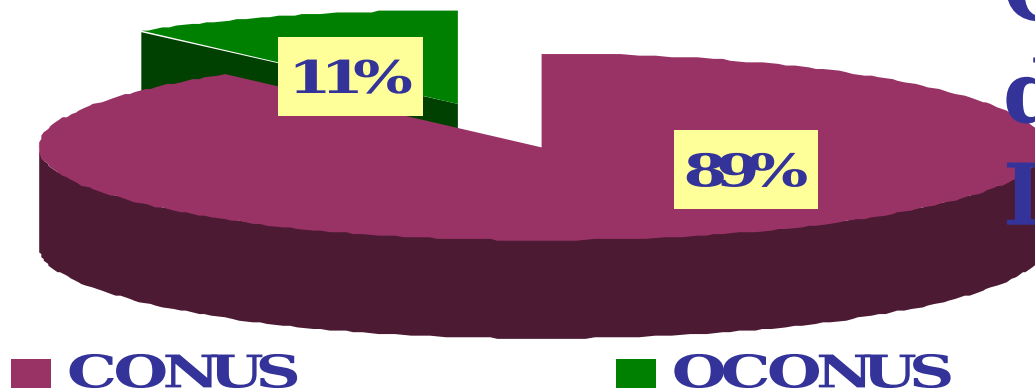
# SUICIDE EVENTS: DEPLOYED AND COMMAND LOCATION



**Deployed**

■ No

■ Yes



**Command  
Location**

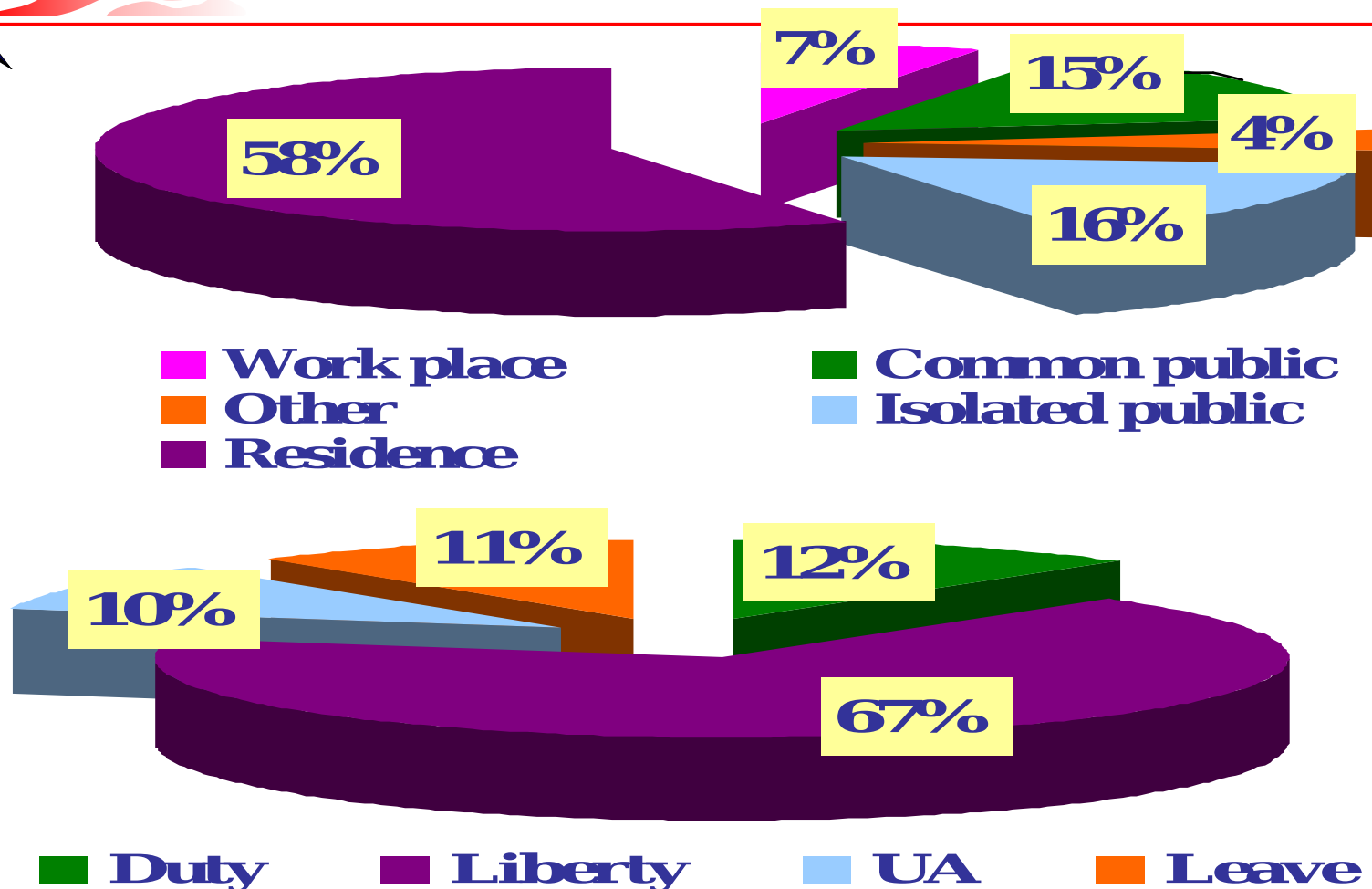
■ CONUS

■ OCONUS



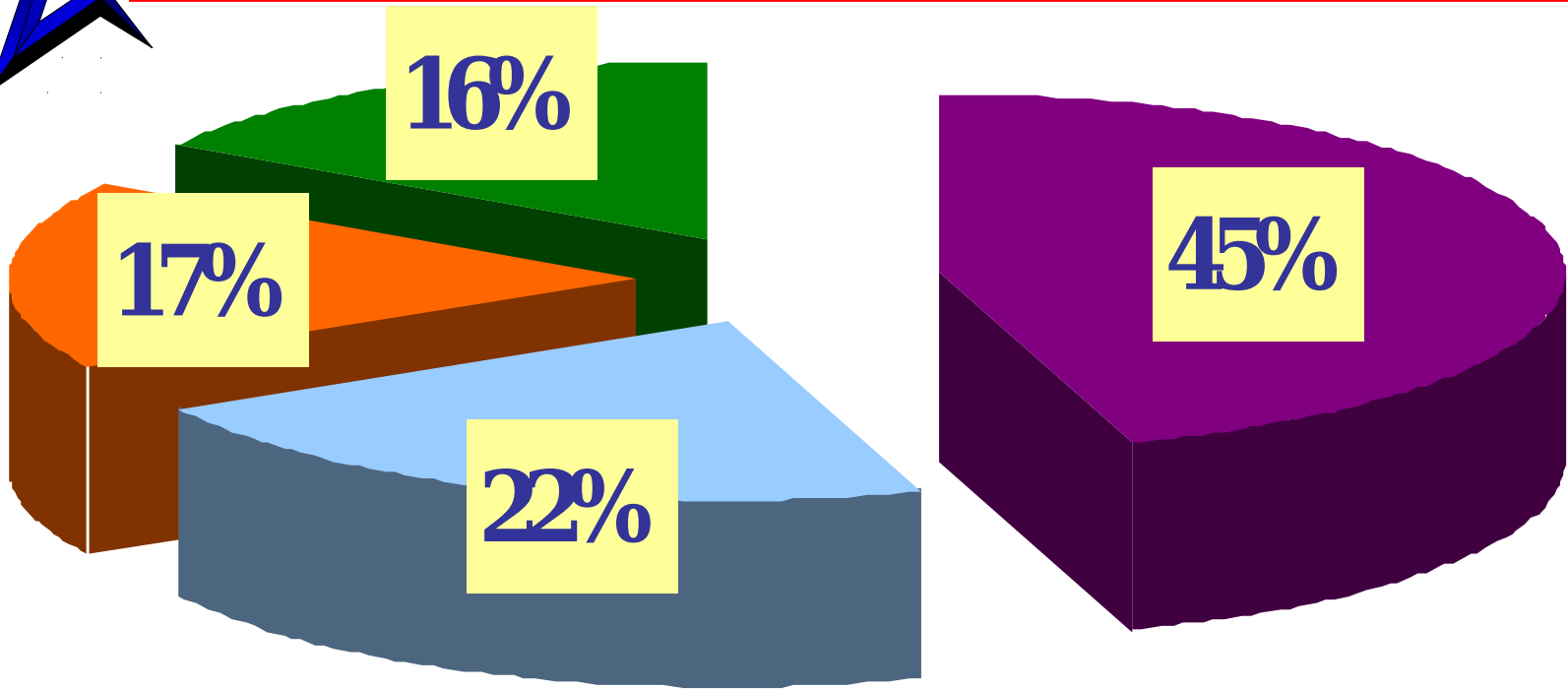


# SUICIDE EVENTS: LOCATION & DUTY STATUS





# SUICIDE EVENT: ALCOHOL USE

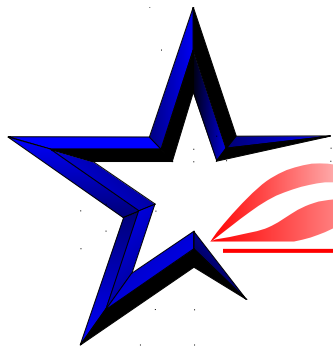


■ No

■ Unlikely

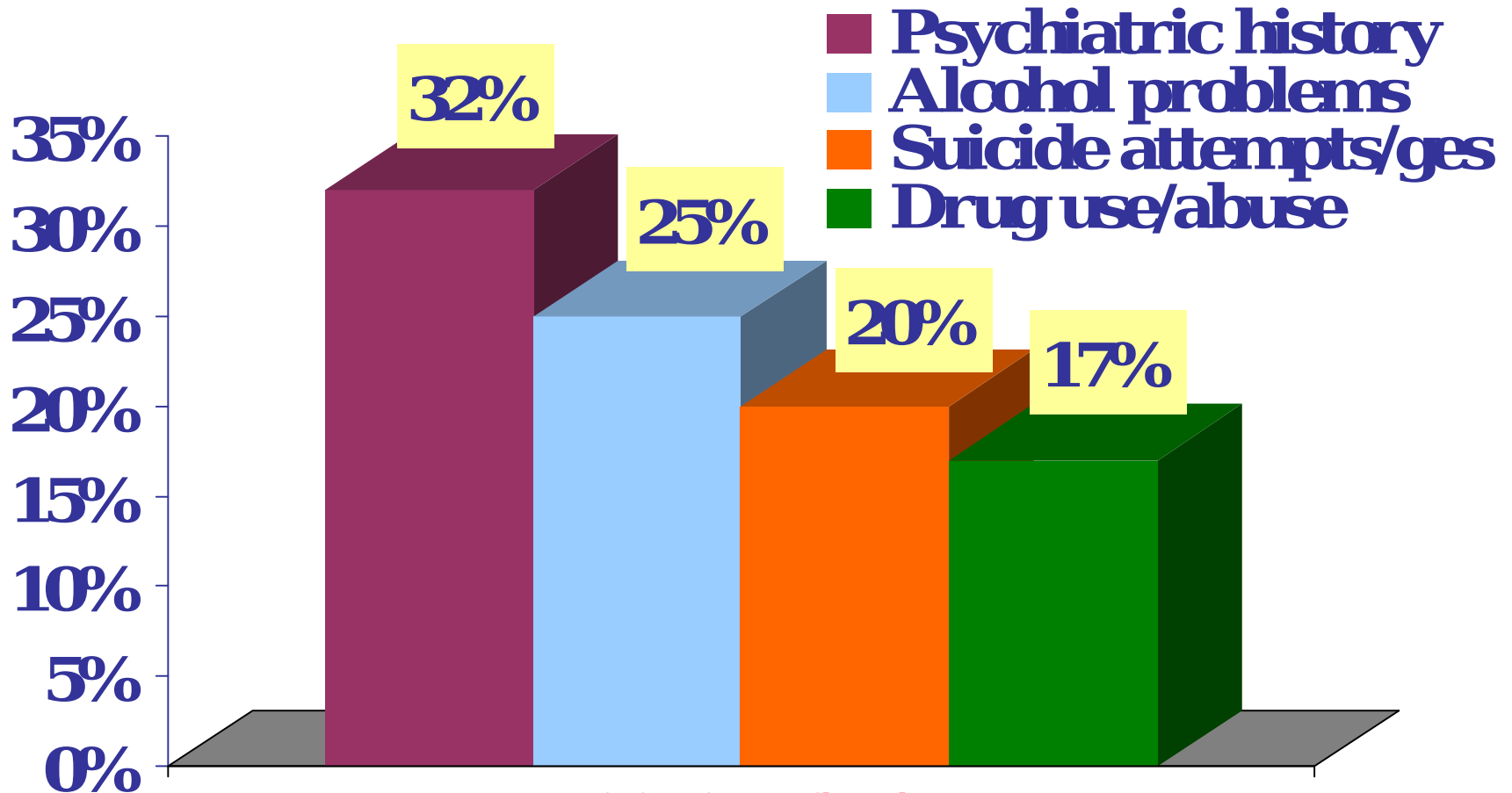
■ Likely

■ Yes

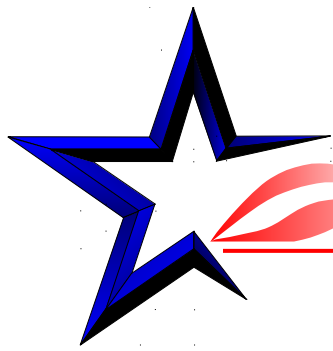


# RISK FACTORS

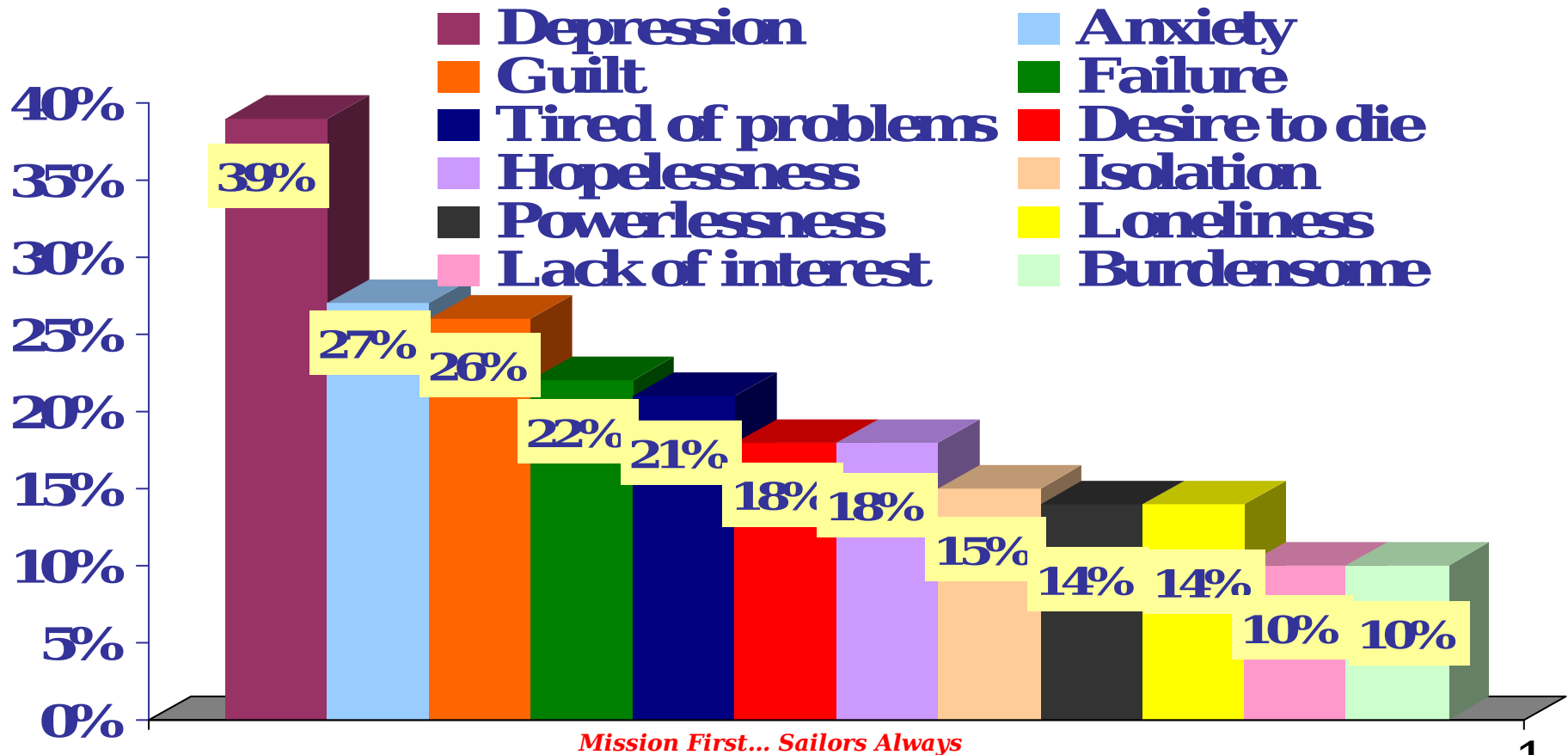
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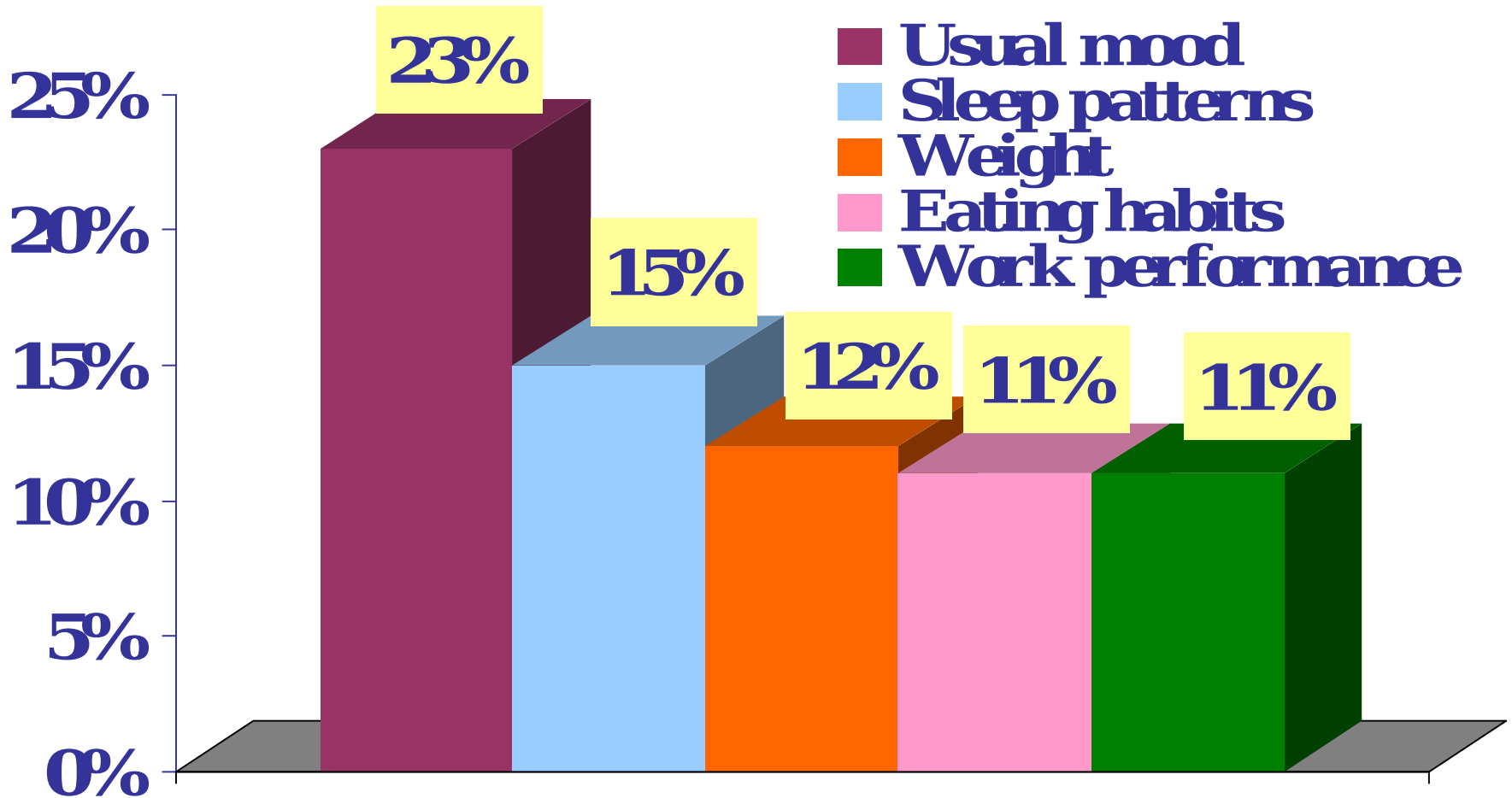


# RISK FACTORS





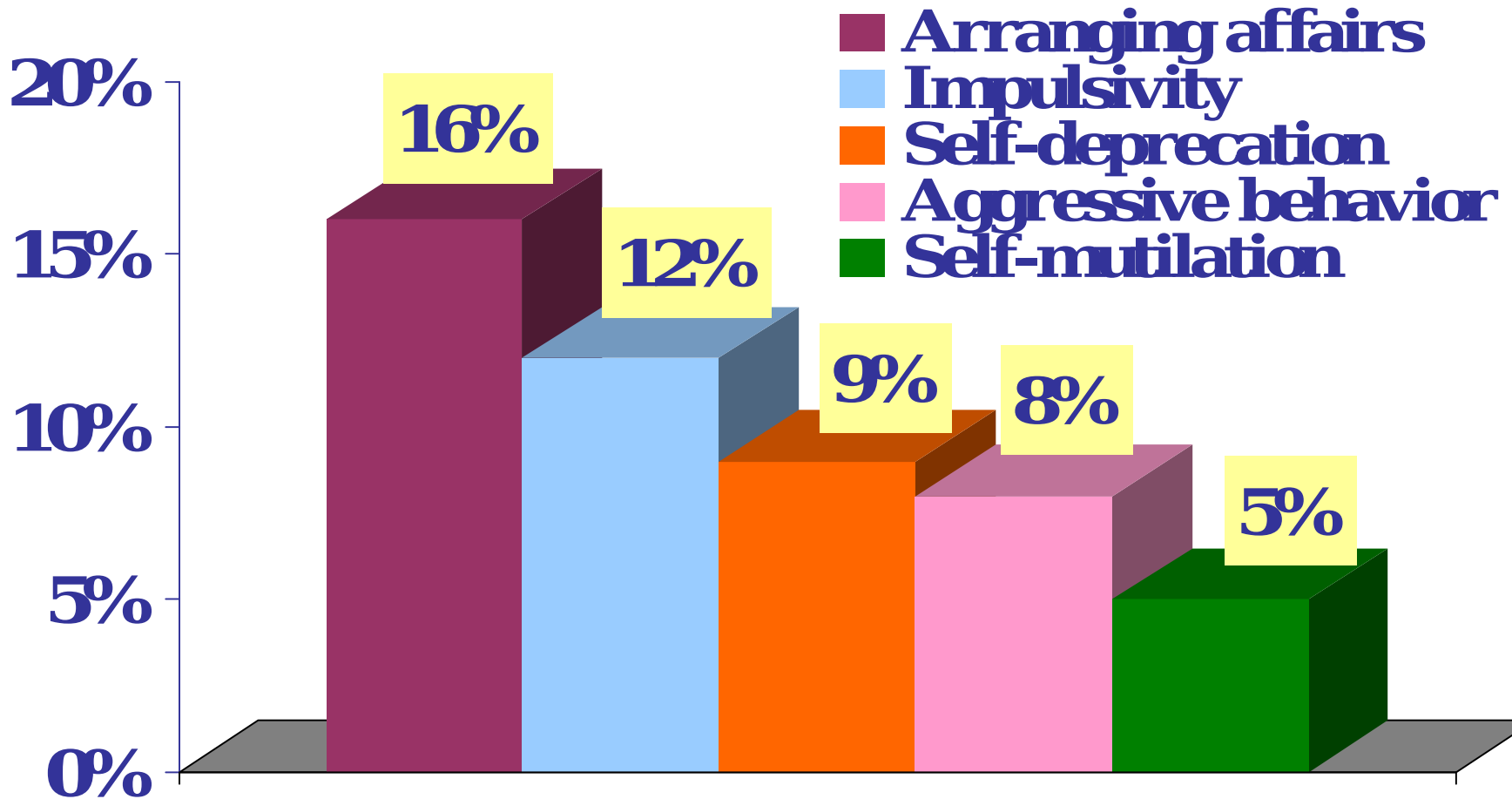
# RISK FACTORS



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# RISK FACTORS

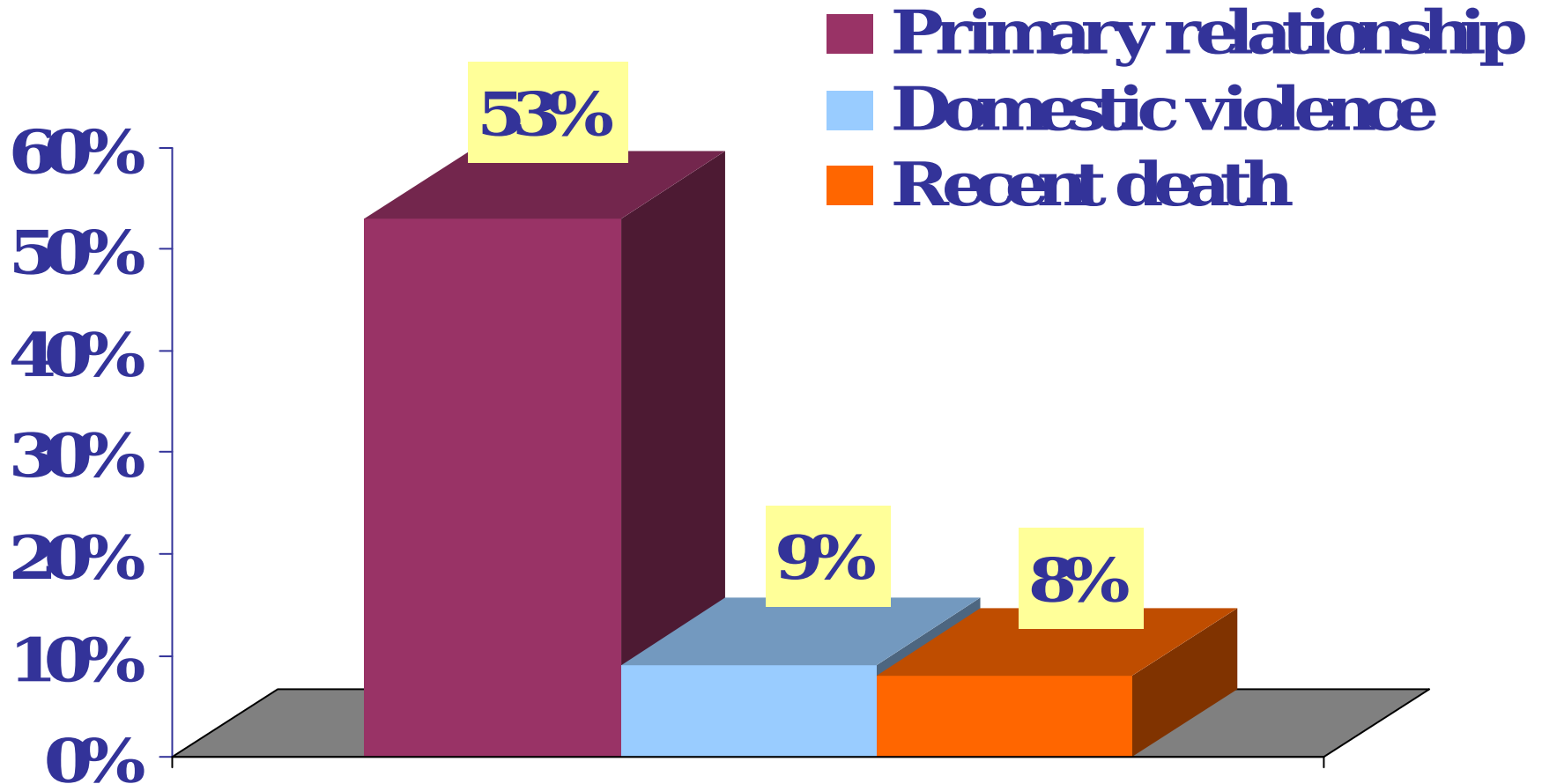


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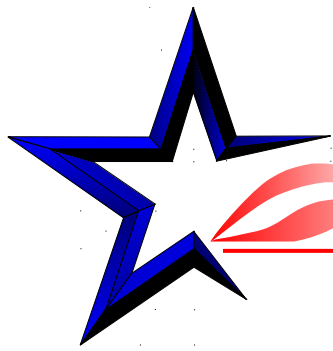


# COMMON STRESSORS

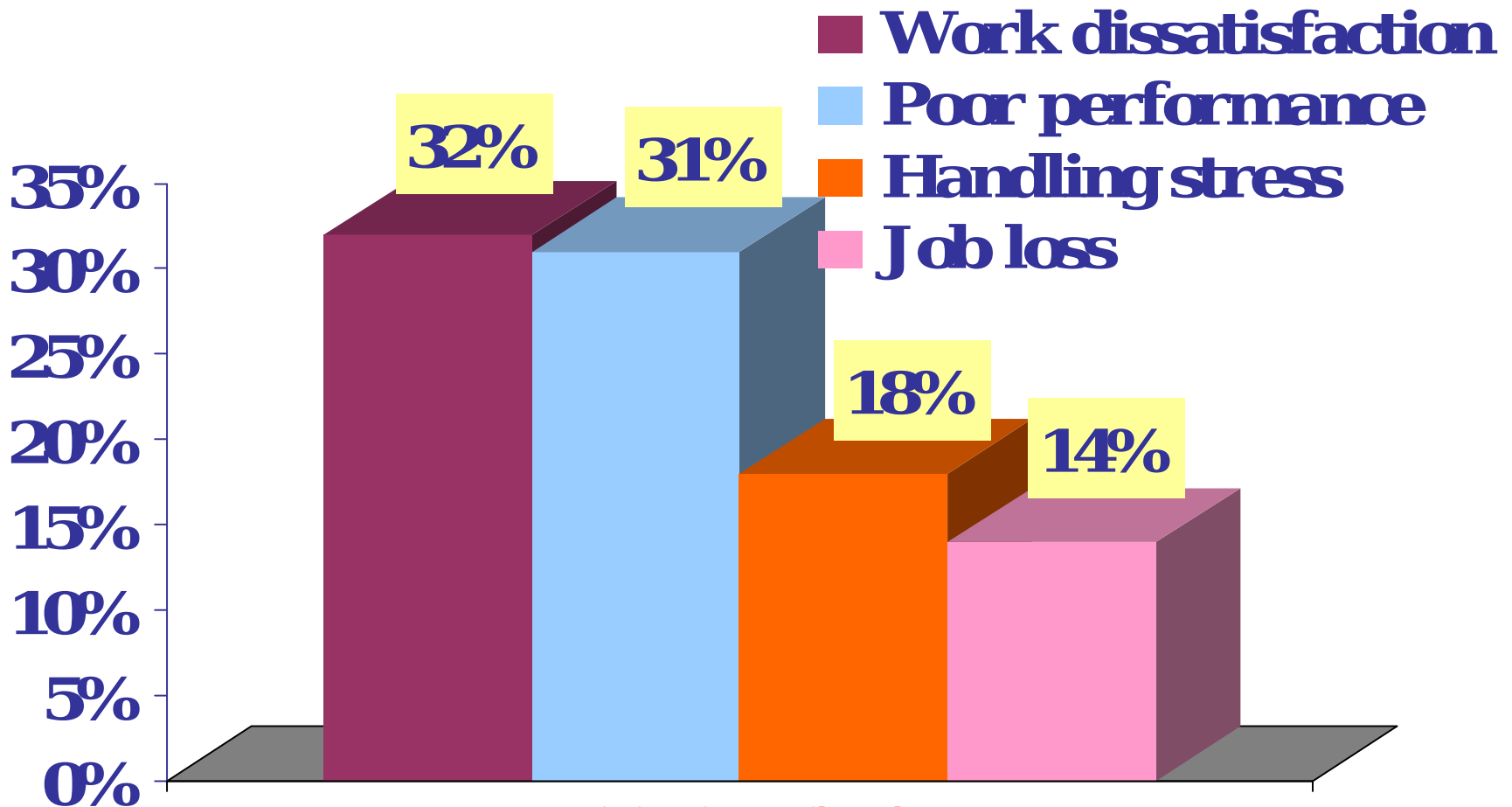
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# COMMON STRESSORS



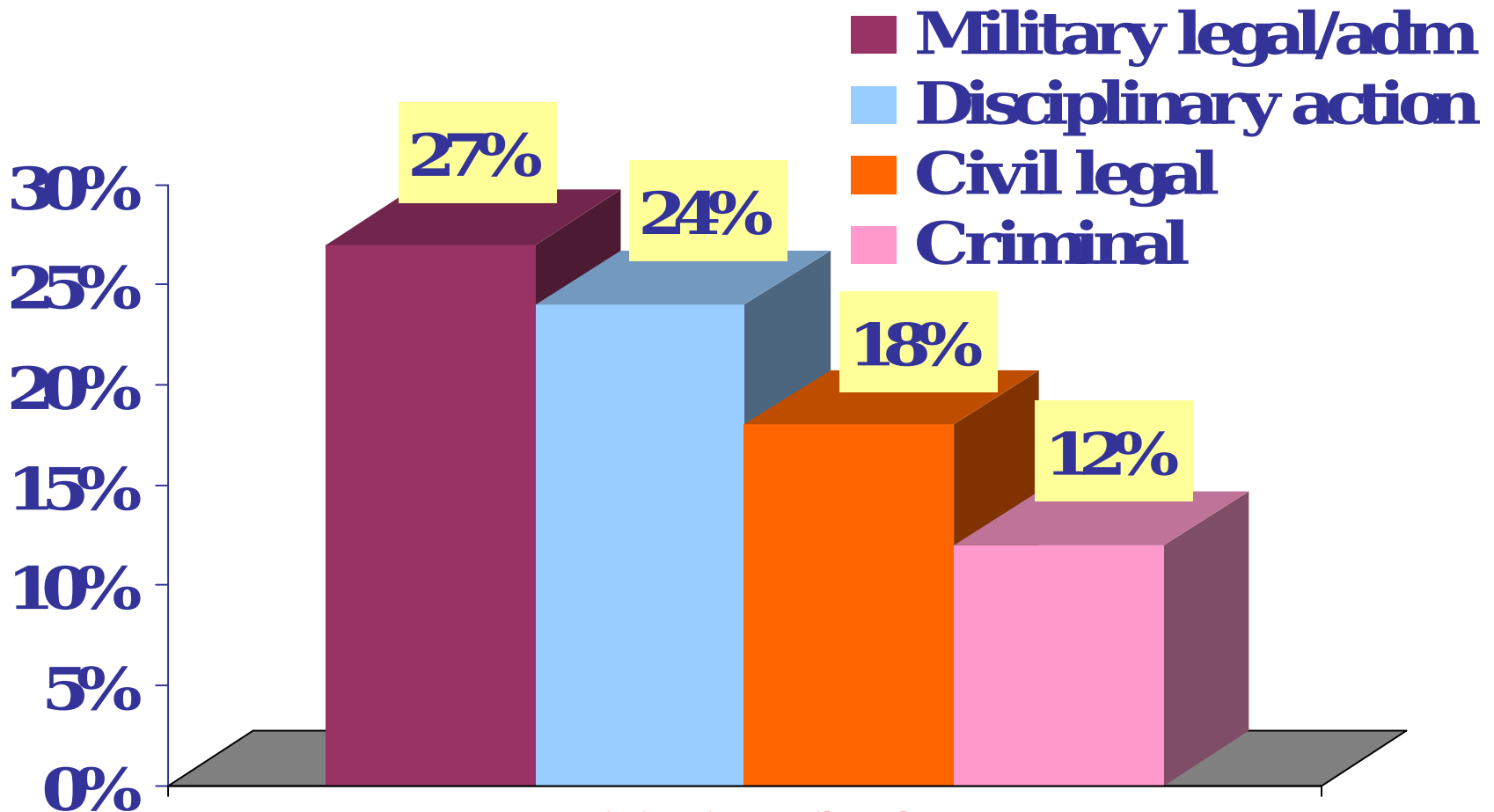
*Mission First... Sailors Always*





# COMMON STRESSORS

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*Mission First... Sailors Always*



# EVIDENCE OF SERVICES USED PRIOR TO SUICIDE

Months Preceding Suicide

## <1 1-12 Total

Military Outpatient	23%	39%	62%
Mental Health	11%	16%	27%
Chaplain Service	10%	9%	19%
Military Inpatient	5%	14%	19%
Civilian Medical	4%	7%	10%
Substance Abuse	4%	7%	10%
Family Advocacy	4%	3%	7%
Financial	1%	7%	8%
Stress Management	1%	4%	5%



# **CURRENT STATE OF THE NAVY'S SUICIDE PREVENTION PROGRAM**

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## **POSITIVE**

- **Mandatory training of the entire Navy**
- **Everyone views the same training**
- **Develop projected suicide rate**
- **Collect data on all completed suicides**
- **The Navy's suicide rate remains at levels from previous years**

## **NEGATIVE**

- **Sometimes training is completed as if just completing a "check-in the box"**
- **Mid-level and senior Navy leaders could use different information**
- **Services use different means to develop suicide rate**
- **Services all use different forms to collect data on completed suicides**
- **Additional funding & staffing could reduce the Navy's suicide rate**